



8TH ANNUAL REPORT



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rakshaksfoundation.com



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OUR IMPACT:

Skill-building for children, enriched by the guidance of our seniors.



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2023-2024

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MESSAGE BY THE PRESIDENT

It gives me great pleasure to present the 8th Annual Report for the years 2023 and 2024. Throughout our journey, we have remained steadfast in our mission to create meaningful change in the lives of those we serve. Our dedication to fostering positive transformation continues to guide every step we take.

Since our inception in 2015, our vision has been clear: to bridge the divide between mainstream society and marginalized communities. Despite early challenges and societal preconceptions, we have worked diligently to address critical issues that affect underserved populations.

Our initiatives in Poverty Alleviation, Healthcare, Women's Empowerment, and Environmental Conservation are aligned with India's broader vision of inclusive growth. Reflecting on our journey, we are proud of the impact we have made and the lives we have helped transform.

By applying a scientific and sustainable approach to human development, we have cultivated self-reliant ecosystems capable of enduring and inspiring replication. Central to our strategy has been the empowerment of women, whose role in driving community progress cannot be overstated.

None of this would have been possible without the unwavering support of our partners and the dedication of our team. Their belief in our mission to give back to society has been the cornerstone of our success, and we are profoundly grateful for their continued collaboration.



WARM REGARDS:



Vinay Kumar Singh

President- Rakshaks Foundation
CMD- Rakshak Group



BRIEF INTRODUCTION

Rakshaks Foundation is a Non-Government, Non-Profitable Organization, registered under Societies Registration Act XXI of 1860. It was established on 24th June, 2015 with the aim & objective to support underprivileged by developing their skills so that they can join the main stream of society.

Organization Profile:

Description	Details:
Name of organization	Rakshaks Foundation
President	Mr. Vinay Kumar Singh
Key Person	Mr. Rakesh Singh
Society RegistrationNumber	District East/ Society/1340/2015
Income Tax Exemption under 12 AA	ITBA/EXM/S/12AA/2018-9/1013092798(1)
Income Tax Exemption under 80 G	ITBA/EXM/S/80G/2018-19/1013092840(1)
Society Registered Address	D-252 Madhu Vihar, New Delhi -110095
NITI Ayog UID	DL/2017/0151822
Administrative office	Plot- 14/15, Matiyala Extn, behind Allahabad Bank Uttam Nagar , New Delhi – 110059
Phone No.	+91 99100 55834
Email:	rakshakfoundation2015@gmail.com
Website:	www.rakshaksfoundation.com

OUR VISION



- R** - Responsibility towards underprivileged
- A** - Awareness campaign
- K** - Knowing the needs of underprivileged/Disadvantaged
- S** - Service, Welfare & development of Mankind
- H** - Healthy & Hygienic Environment
- A** - Avenue for self employment and creation of Self Help Groups
- K** - Kindness towards disadvantaged
- S** - Skill development of all strata of society

OUR MISSION



(a) To empower underprivileged and disadvantaged individuals by enhancing their skills, building self-confidence, and supporting their development through education, mentorship, the formation of self-help groups, and employment opportunities.

(b) To eliminate all forms of injustice and discrimination against women and children, and to empower them to live with strength, dignity, and pride.

(c) To ensure a healthy and hygienic living environment for individuals in destitute conditions.

AIMS AND OBJECTIVES

(a) To dedicate ourselves fully to the service, welfare, and holistic development of humanity.

(b) To promote literacy, justice, and the protection of fundamental and human rights for all segments of society, regardless of gender, race, caste, creed, or religion.

(c) To establish, manage, and operate nursery, primary, secondary, and higher education institutions for children from economically weaker sections of society.

(d) To set up technical and vocational education institutions aimed at empowering individuals from underprivileged backgrounds.

(e) To facilitate the formation of self-help groups in accordance with the guidelines of the Reserve Bank of India (RBI), NABARD, and other relevant statutory bodies.

(f) To establish clinics, nursing homes, and hospitals to provide accessible healthcare services to economically disadvantaged communities.

(g) To raise awareness about health and hygiene, and to work toward the prevention and eradication of diseases such as leprosy, tuberculosis, cholera, hepatitis, and HIV/AIDS.

(h) To protect children from communicable diseases and malnutrition, and to support the overall development and well-being of orphaned children.

(i) To organize health initiatives including medical camps, eye check-up camps, blood donation drives, and de-addiction programs.

(j) To establish training centres for the skill development of security personnel and sanitation workers.

(k) To set up vocational training centres for children and women from economically weaker sections to enhance their employability and self-reliance.

(l) To mobilize resources through gifts, grants, donations, subscriptions, and membership fees, and to utilize these funds for the upliftment and development of the underprivileged.

OFFICE BEARERS:

Name	Designations
Mr. Vinay Kumar Singh	President
Col. Paritosh Bhaumik	Vice President
Mr. Sunil Yadav	Secretary
Mr. Kaushal Kishore	Treasurer

AREAS AND COMMUNITIES TARGETED

(a). The Rakshaks Foundation was established in 2015. Since its inception, we have been dedicated to empowering young girls and women from underprivileged communities living in slum areas through skill development initiatives. Although we operate throughout the Delhi NCR region, our efforts are primarily concentrated in specific slums such as JJ Colony, Lal Bagh Jhuggi, RK Puram, Railway Colony, Kheda Gaon, Sanichar Colony, Mansarover Park, Shahdara, and other slum areas across North-East and West Delhi.

(b). These communities are composed of people from diverse religious, caste, and cultural backgrounds. Most men are engaged in informal and unorganized sectors, working as ragpickers, laborers, rickshaw pullers, masons, and other similar occupations. The women typically work as full-time or part-time domestic workers in nearby residential colonies. Their sources of income are often irregular or seasonal. Despite residing in Delhi for the past 12 to 15 years, many families still struggle to earn a dignified livelihood. Due to the lack of stable employment opportunities, some elderly individuals, women, and even children resort to begging to survive. Their daily lives are marked by numerous challenges, including limited access to clean drinking water, absence of official identification documents, inadequate educational opportunities for children, poor sanitation and hygiene, unreliable electricity, and overall livelihood insecurity.

(c). Rakshaks Foundation has been actively engaging with these communities to help improve their living conditions. We have encouraged and assisted residents in obtaining Aadhar cards and Voter ID cards, ensuring they are not excluded from the political process. Additionally, we have supported them in opening Jan Dhan bank accounts and enrolling in the Pradhan Mantri Suraksha Bima Yojana for just ₹12 per year. Our foundation has also coordinated with government authorities to address key issues. As a result of these efforts, challenges related to access to drinking water and electricity have been partially resolved.

PROJECT (सृजन)



PROJECT SRIJAN:

Women Empowerment through Skill Development and Employment Generation:

Under Project Srijan, we operate a Skill Development Training Center located at Plot No. 14/15, Vivanta Residency, Matiyala, Sector-3, Dwarka, New Delhi – 110059.

This initiative offers both Certificate and Diploma courses in various vocational and professional fields, including Computer Applications, Cutting & Tailoring, Fashion Designing, Beauty & Wellness, and Mehandi Design. The program is specifically designed for adolescent girls aged 14 and above, as well as women up to 40 years old, with the aim of enhancing their employability and independence through practical skill training.

Project Srijan seeks to improve the economic conditions of girls and women by equipping them with marketable skills that enable them to pursue sustainable livelihoods.

The name Srijan, meaning "creation," reflects the core mission of the initiative—to create new opportunities for employment and self-reliance, particularly for young women.

The project primarily serves slum areas across North-East Delhi, with approximately 60 to 70 girls attending the training center daily to enhance their skills. Upon successful completion of their courses, participants are awarded certificates by the foundation to support their future employment prospects.

VOCATIONAL TRAINING UNDER PROJECT SRIJAN

The Rakshaks Foundation has been actively working to enhance the skills of young girls, women, and children from underprivileged sections of society. Through our Vocational Training Centre, we help participants refine their abilities to meet the demands of today's competitive job market, empowering them to lead lives of dignity and self-reliance. Many of these individuals face academic and socio-economic disadvantages, limiting their access to formal employment opportunities. However, by acquiring practical skills through our training programs, they gain the ability to earn a livelihood and even cultivate entrepreneurial mindsets. The courses offered are designed to require minimal or no initial investment, allowing participants to begin earning immediately after completion. While initial earnings may be modest, over time, these individuals achieve financial independence. In addition to vocational training, young girls are also engaged in personality development activities aimed at building confidence, enhancing life skills, and fostering responsible citizenship. Many of our trained youth are now financially independent and able to support themselves and their families. The following courses are currently offered at the centre:

- **Cutting & Tailoring Course:**
- **Fashion Designing:**
- **Beauty Culture Course:**
- **Mehandi Culture/Hair Styling Course:**
- **Basic Computer Application Course:**
- **Children Education (NFE) Classes:**
- **Health Care:**
- **Awareness Programmes**

EVENTS : 2023:

(i) Mensuration Awareness Camp on 4th Jan 2023:- A Menstruation Awareness Camp focusing on menstrual health and related issues for adolescent girls and women was organized on January 4, 2023. The event was graced by the presence of Ms. Jonni, a social worker from the USA, along with her daughter Ms. Kat and Mrs. Sapna Singh. They delivered an informative lecture on menstruation and related health concerns, supported by photos and videos to enhance understanding. Following the lecture, an interactive session was held where participants were encouraged to ask questions. All doubts and concerns were addressed thoroughly. Each participant received a reusable cloth pad kit, and practical guidance was provided on how to use and maintain the kit properly.



(ii) **Republic Day Celebrations on 25th Jan 2023:-** Republic Day was celebrated at Rakshaks Foundation on January 25, 2023. Women, girls, and children from underprivileged sections of society actively participated in the event. The occasion was graced by Mr. Rakesh Singh, Executive Member and Key Person of Rakshaks Foundation. He delivered an insightful talk on the significance of Republic Day and shared a brief history of the Indian Constitution, which came into effect on January 26, 1950. The celebration also featured patriotic songs and dance performances by children and girls, which added to the spirit of the event.



(iii) Holi Celebrations on 07th Mar 2023:-The Festival of Colours:- Holi was celebrated at Rakshaks Foundation on March 7, 2023. Women, girls, and children from underprivileged sections of society actively participated in the event. Preparations began more than a month before Holi, with these women, girls, and children putting in significant effort to produce natural and organic Gulal at the Rakshaks Foundation. The organic colours were carefully packed in attractive pouches and sold through stalls set up in various housing societies and commercial areas. All revenue generated from the sales, along with additional incentives, was distributed among the participants.



(iv) Awareness Camp on Cleanliness and Hygiene on 05th Apr 2023:- An Awareness Camp focusing on the importance of cleanliness and hygiene was organized at Rakshaks Foundation on April 5, 2023. Women and adolescent girls from various slums actively participated in the event. An expert delivered a lecture on the importance of maintaining cleanliness and hygiene in daily life, with special emphasis on menstrual hygiene for women and girls. Participants were encouraged to ask questions and share their concerns openly. All queries were addressed with care and sensitivity. The camp proved to be highly informative and beneficial for all attendees.



(v) **Independence Day Celebration on 14th Aug 2023:-** The 76th Independence Day was celebrated on August 14, 2023, with great enthusiasm by all participating women, girls, and children. A cultural program with the theme of patriotism was presented, featuring a mix of singing, dancing, and skits, which was well appreciated by everyone in attendance. After the program, participants were served snacks and given small gifts as a token of appreciation.

(vi) **Gandhi Jayanti Celebration on 01st Oct 2023:-** Gandhi Jayanti was celebrated on October 1, 2023, with great passion by all participating women, girls, and children. The participants were educated about the life and values of Mahatma Gandhi, as well as his pivotal role in India's struggle for independence from British rule. A patriotic cultural program followed, showcasing a blend of singing, dancing, and skits, which was warmly received by the audience. After the performances, snacks were served, and small gifts were distributed as a gesture of appreciation.



(vii) Deepawali Celebration on 14th Nov 2023:- The Festival of Lights, Deepawali, was joyfully celebrated at Rakshaks Foundation on November 14, 2023. Women, girls, and children from underprivileged communities participated with great enthusiasm, putting in tremendous effort to beautifully decorate the office. Preparations had begun more than a month in advance, during which participants dedicated themselves to hand-painting Diyas and crafting eye-catching wax and gel candles, along with other decorative items. These handmade creations were thoughtfully packaged and sold at stalls set up in various residential societies and commercial areas. All proceeds from the sales, along with additional incentives, were fairly distributed among the participants.



(viii) Christmas Day Celebration on 24th Dec 2023:- Christmas Day was joyfully celebrated at Rakshaks Foundation on December 24, 2023. Women, girls, and children participated with great enthusiasm, putting in remarkable effort to beautifully decorate both the Christmas tree and the office. The celebration featured a vibrant cultural program that included singing, dancing, and skits, all of which were warmly appreciated by the audience. Snacks, beverages, and gifts from Santa Claus were distributed to all participants, adding to the festive spirit.



EVENTS : 2024:

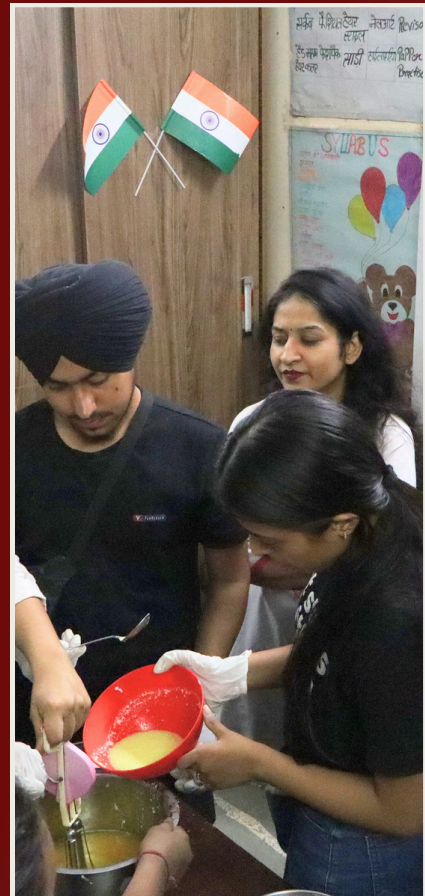
(i) Awareness Camp for Children on 12th Feb 2024:- An awareness camp for children and girls was organized at Rakshaks Foundation on February 12, 2024. All participants were educated about the concept of Good Touch and Bad Touch to help them recognize any inappropriate behavior towards them. The camp was especially informative for them, as they live in slum areas where the risk of such abuse is higher. After the awareness session, a quiz competition was conducted, and the winners were awarded gifts.



(ii) International Women's Day Celebration on 8th March 2024:- The International Women's Day was celebrated at Rakshaks Foundation on 8th March, 2024. The Women, girls form underprivileged section of the society who were benefitted by the various courses undertaken by the Rakshaks Foundation were invited to the event. The purpose of celebrating Women's Day was sensitization about "Gender equality and women's empowerment". The event was graced by the auspicious presence of Ms. Sapna Singh Ms. Pooja Mehta, a social worker. A motivational lecture on Gender equality and women's empowerment was delivered by Ms. Pooja Mehta. The participants also played some games and performed poem recitations.



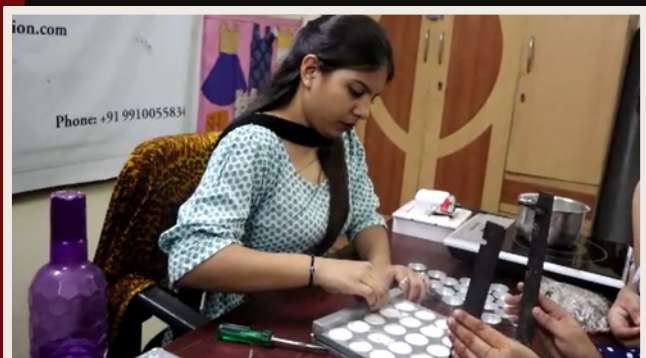
(iii) **Soap Making Activity on 10th April 2024:-** The Soap Making Activity was conducted. The Women, girls and children from underprivileged section of the society participated in the making process Soap with natural and herbal ingredients. The soaps were made of different shapes and sizes and coloured with natural colours and fragranced with assorted flower extracts. They were encouraged to make these soap at home also.



(iv) Awareness Camp for Mensuration Hygiene on 10th Jun 2024:- To bring awareness about Mensuration Hygiene and importance of usage of Sanitary Pads, Rakshaks Foundation under the aegis GoFWT organized a camp for the Girls and Women of underprivileged section of the society wherein lectures on this were delivered to bring awareness among them. Sanitary Pad were also distributed to these girls and women.



(v) Candle Making on 02nd Jul 2024:- An event to impart training for Candle Making was organized for Women and Girls associated with the foundation on July 02, 2024 wherein the participants dedicated themselves to crafting eye-catching wax and gel candles, along with other decorative items. These handmade creations will be thoughtfully packaged and will be sold at stalls set up in various residential societies and commercial areas during upcoming festive season.



(vi) **Independence Day Celebration on 14th Aug 2024:-** The 77th Independence Day was Celebrated on 14th Aug 2024 with active participation by all the participant women, girls and children. A cultural program with the theme of “patriotism” was presented by the girls and children. The program was a mixture of Singing, Dancing and Skit etc, which was well appreciated by the audience. All the participants were given away some gifts.



(vii) Teacher's Day Celebration on 05th Sep 2024:- Teacher's Day was celebrated on 5th September 2024 with the active participation of women, girls, and children associated with the foundation. Ms. Sapna Singh graced the occasion with her esteemed presence. The highlight of the celebration was the participation of former students of the foundation who had successfully completed courses in tailoring, embroidery, beauty parlour training, and other vocational skills. They were invited to share their life-changing experiences and spoke about how these skills have helped them become financially independent. The alumni also expressed their heartfelt gratitude to the foundation for the valuable support and opportunities provided to them.



(viii) Gandhi Jayanti Celebration on 01st Oct 2024:- Gandhi Jayanti was celebrated on October 1, 2024, with active participation by all women, girls, and children. The participants were educated about the life and values of Mahatma Gandhi, as well as his pivotal role in India's struggle for independence from British rule. They were given a lecture on the main teachings of the Mahatma Gandhi, the principles of non-violence (Ahimsa), truth (Satya), self-reliance (Swadeshi), and the pursuit of social justice and equality. A patriotic cultural program followed, showcasing a blend of singing, dancing, and skits, which was warmly received by the audience. After the performances, snacks were served, and small gifts were distributed as a gesture of appreciation.



(ix) Deepawali Celebration on 01st Nov 2024:- The Festival of Lights, Deepawali, was joyfully celebrated at Rakshaks Foundation on November 14, 2023. Women, girls, and children from underprivileged communities took part with great enthusiasm, working hard to beautifully adorn the office space. Preparations began more than a month in advance, during which participants devoted their time to hand-painting Diyas and creating vibrant wax and gel candles, along with other festive decorations. These handcrafted items were carefully packaged and sold at stalls in various residential and commercial areas. The proceeds, along with additional incentives, were distributed fairly among all participants.



(x) Christmas Celebration on 24th Dec 2024:- Christmas was celebrated on December 24, 2024, with enthusiastic participation from young children living in nearby slum areas. The event was honored by the gracious presence of Ms. Sapna Singh. A variety of engaging activities were organized, including a drawing competition, fun games, and an informative session on "Good Touch, Bad Touch." All the children received snacks and chocolates, while winners of the competitions were awarded special gifts. The children thoroughly enjoyed the celebration and expressed their appreciation with joy and excitement.



RECYCLING & ENVIRONMENT PROTECTION



17. Recycled & Jute Products: Rakshaks Foundation is running a Program to impart training on making beautiful products in order to earn livelihood for underprivileged sections of society. People associated with our foundation i.e. youth girls and women are making items like- **Decorated Diyas, Wax Candles, Gel Candles**, from waste material and used cloths. Apart from this, **10-15 girls/women have been involved in making Jute Products like Shopping Bags, Bookmarks, Water Bottle Covers and Folders etc.**

These products are very popular with locals, and during the festive season, these products sell like hot cakes. The Selling Price of the products is being decided by the participating girls/women only in order to develop their entrepreneurship trait.

While fixing the Selling Price of a product, these girls/women have been suggested to consider the factors like cost of material, cost of their own efforts, packing cost and Transportation cost. After getting cost of a product, add reasonable profit to it. This way they also able to learn how the pricing of a product is done.

These products are made available to the local markets through Stalls and otherwise and sold on very reasonable price. All the earnings of these products are distributed among these girls/women involved in production of these beautiful products.

Art & Craft and Mehandi Designing: Rakshaks Foundation also conducts courses for Art and Craft and Mehandi Designing. Around 20-25 girls and ladies regularly take classes for these courses. Mostly those girls/ladies join these courses who have already enrolled in either Cutting & Tailoring Course or Beauty Culture Course, as these add one more skill to their prospects with minimum



AWARENESS PROGRAM

Rakshaks Foundation regularly organize meetings/seminars/lectures for young girls and cover topics like Fundamental Rights, Gender Equality, Hormonal and Physical Changes in Girls' Body on Puberty, HIV/AIDS, Health & Hygiene, Small Savings etc.

General Awareness: The Foundation invited Mr. Sunil Yadav (Advocate), the Legal Advisor, to educate the children about the Fundamental Rights granted to every citizen of India by the Indian Constitution. He provided a detailed explanation of all the Fundamental Rights. These rights have played a crucial role in abolishing untouchability and prohibiting discrimination based on religion, race, caste, sex, or place of birth. They also forbid the trafficking of human beings and forced labour, which are criminal offenses. Furthermore, these rights protect the cultural and educational interests of religious and linguistic minorities, allowing them to preserve their languages and establish and manage their own educational institutions. He also spoke to the children about the Right to Education. It was informed that every child in India has the right to free and compulsory education up to Class 8 in government schools. Additionally, textbooks, stationery, uniforms, and other essentials are provided free of cost. It was also explained that 25% of seats in every public (private unaided) school are reserved for students from the Below Poverty Line (BPL) category. The admission process for these schools typically begins in December or January and is completed by March each year.



Social Problems: Ms. Nisha Singh, was invited in Rakshaks Foundation to spread awareness about Harmful social issues such as drug addiction, poverty, alcohol abuse, sexual abuse, unemployment, and female genital mutilation. She emphasized that this need to be addressed through education, awareness, and support systems, as we are conducting it under the aegis of Rakshaks Foundation. Young girls were advised that if they experience any form of humiliation or abuse, they should speak up and inform their parents. Parents, in turn, should take immediate action to address the issue and report it to the appropriate government authorities if necessary.

Good Touch & Bad Touch: Children especially young girls have been regularly counselled about good touch and bad touch. Adolescent girls are also counselled about the hormonal and physical changes happening in their bodies.



We have volunteered Interns from University of Delhi, Galgotia University and IGNOU pursuing MSW and BSW courses comes to us for internship for the duration of 30-45 days. These volunteers learn the ways of performing community services

PARTNERSHIPS

While the Foundation directly engages with the community, it has also strategically partnered with various stakeholders to maximize effort in addressing the needs of the community. These partners include government organizations, non government - organizations, academic and research institutions. Till March 2019, the Foundation garnered over 20 partners, who have supported in widening its vision and reach. We thank all our partners listed below who have been supporting our mission.

Some of the key partners include:

- ROBIN HOOD ARMY, DWARKA
- LIVER CARE FOUNDATION
- JAN SHIKSHA SANGTHAN, PATEL NAGER
- MATTSEN KUMAR , GURUGRAM
- CHENNEL PLAY, GURGRAM

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