



# **RAKSHAKS FOUNDATION**

## **ANNUAL REPORT 2018 - 2019**



***AN ORGANIZATION WORKING FOR UNDERPRIVILEGED  
YOUTH, CHILDREN, WOMEN, HOMELESS PEOPLE  
AND ENVIRONMENT PROTECTION***

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# **Message by The President**

*It gives me immense pleasure that Rakshaks Foundation has completed yet another successful year of its developmental work for the upliftment of underprivileged sections of the society.*



*I am presenting Annual Report 2018-19, a glimpse of the work carried out by Rakshaks Foundation in the reporting year. The year has given utmost importance in the development of the underprivileged children.*

*Rakshaks Foundation's initiatives have so far impacted the lives of many people in the society and all of our volunteers are putting their sincere efforts towards the same. To achieve the aim of our Foundation, which emphasizes working at grass root level and improving the quality of life of underprivileged people of society, motivates us to put more toward the skill building and generating alternative livelihood and employment opportunities for them.*

*A holistic approach for child development and education has taken up by Rakshaks Foundation and conducting NFE programs for slum children, preparing them and arranging their enrollment in schools. The collective effort of Rakshaks Foundation through its programs has worked in the field of education, rehabilitation, health & hygiene and active participation for children of economical poor members of marginalized communities.*

*I take the opportunity to express my sincere thanks to each one who has contributed toward the goals of Rakshaks Foundation and hope that with the efforts and blessings of supporters we can reach out to more underprivileged communities in the coming years.*

***Best of luck,***

***Vinay Kumar Singh  
President  
Rakshaks Foundation***

## **Message by The Executive Member**

*Rakshaks Foundation has been fulfilling the dreams of many who have never imagined that their life will take such a turn and their dreams would come true. The rays of hope Rakshaks Foundation has provided with equal amount of practical approaches has impacted so much in their lives that they are now leading lives with respect and dignity.*

*The Rakshaks Foundation team is working continuously for underprivileged youth, women empowerment and holistic development of children. Rakshaks Foundation finds out every possible avenue to educate underprivileged children through NFE, girl child education was given special attention.*

*The year 2018-19 has been very eventful year, taking Rakshaks Foundation to new heights, entrusted with more responsibilities to bring about positive impacts in the lives of underprivileged.*

*I am very grateful to the Rakshaks Foundation team for the successful implementation of all the development programs and hope the same will continue in the following years. The Annual Report 2018-19 describes the work done by Rakshaks Foundation and hope that the readers will appreciate the efforts.*

*Looking forward for continuous support and blessings from all well wishers so as to scale up the development and empower more and more underprivileged people to join main stream.*



**Best Wishes,**

*Rakesh Singh  
Executive member  
Rakshaks Foundation*



# OUR IMPACT



## **BRIEF INTRODUCTION**

1. Rakshaks Foundation is a Non-Government, Non-Profitable Organization, registered under Societies Registration Act XXI of 1860. It was established on 24<sup>th</sup> June, 2015 with the aim & objective to support underprivileged by developing their skills so that they can join the main stream of society.
2. **Organization Profile.**

SI No	Description	Details
1	Name of organization	Rakshaks Foundation
2	Chief Functionary	Mr. Vinay Kumar Singh
3	Key Person	Mr. Rakesh Singh
4	Society Registration Number	District East/ Society/1340/2015
5	Income Tax Exemption under 12 AA	ITBA/EXM/S/12AA/2018-9/1013092798(1)
6	Income Tax Exemption under 80 G	ITBA/EXM/S/80G/2018-19/1013092840(1)
7	Society Registration Address	D-252 Madhu Vihar, New Delhi -110095
8	NITI Ayog UID	DL/2017/0151822
9	Administrative office	Rakshaks Foundation Plot- 14,15 Matiyala Extn, behind Allahabad Bank Uttam Nagar , New Delhi – 110059
10	Phone No	9910055834
11	Email	<a href="mailto:rakshakfoundation2015@gmail.com">rakshakfoundation2015@gmail.com</a>
12	Website	<a href="http://www.rakshaksfoundation.com">www.rakshaksfoundation.com</a>

3. **Vision.**

- R - Responsibility towards underprivileged
- A - Awareness campaign
- K - Knowing the needs of underprivileged/  
Disadvantaged
- S - Service, Welfare & development of Mankind
- H - Healthy & Hygienic Environment
- A - Avenue for self employment and creation of  
Self Help Groups
- K - Kindness towards disadvantaged
- S - Skill development of all strata of society

4. **Mission.** The mission of foundation is:-

- (a) To develop underprivileged and disadvantaged people by improving their skills, self confidence, and development by learning, handholding, creating self help groups and employment.
- (b) To eradicate all forms of injustice and discrimination against women and children and built them strong to live with pride.
- (c) To provide healthy and hygienic environment to persons in destitute.

5. **Aims and Objectives**

- (a) Full devotion to service, welfare & development of mankind.
- (b) Literacy, Justice, Fundamental Rights & Human Rights to all strata of society irrespective of gender, race, cast, crate & religion.
- (c) To establish, manage and run Nursery, Primary, Secondary and Higher Education for economically weaker section of society.
- (d) To establish Technical and Vocational Education Institution for economically weaker section of society.
- (e) To create self help group under guidelines of RBI, NABARD & other statutory bodies.
- (f) To establish, Clinics, Nursing Homes and Hospitals to extend healthcare facilities for economically weaker sections of the society.
- (g) To create awareness about health & hygiene and eradication of disease like Leprosy, Tuberculosis, Cholera, Hepatitis and AIDS.

(h) To protect children from communicable diseases and malnutrition and all round development of orphan children.

(i) To organize health camps, eye camps, blood donation camps and de-addiction camps.

(j) To setup Training Centers for security guards and sanitation workers.

(k) To setup vocational training centers for children and women of economically weaker section.

(l) To raise funds through gifts, grants, donations, subscriptions and membership fees and utilize the same for development of underprivileged.

6. **Governing Body**: The Details of the Governing Body Member of Rakshaks Foundation:-

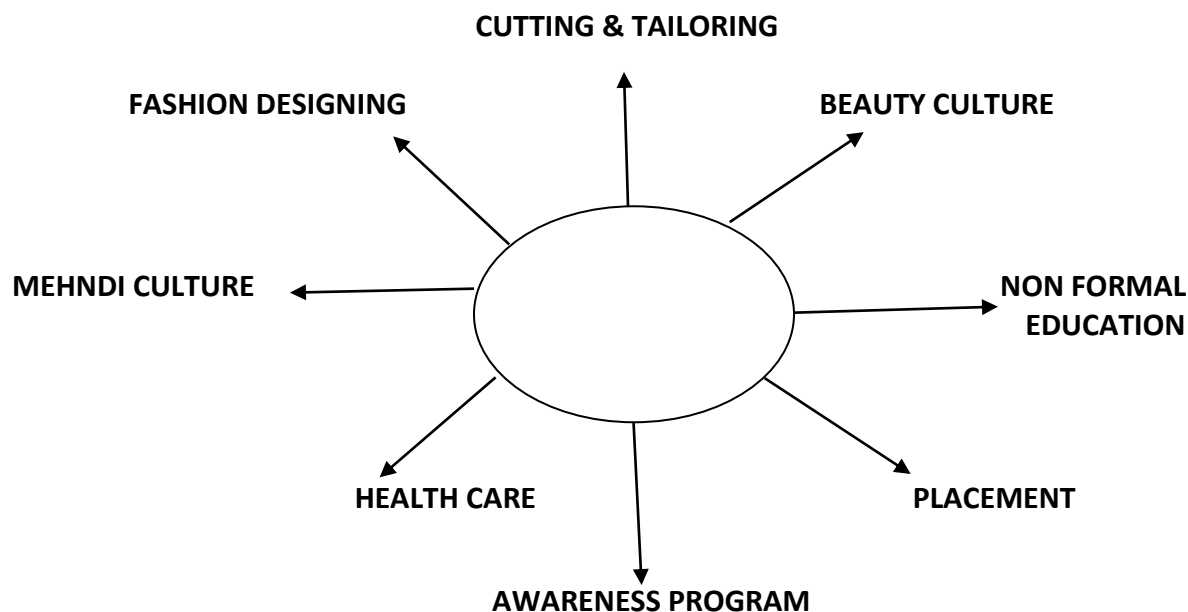
Sl.No	Name	Designation	Contact No.
1	Mr. Vinay Singh	President	9818662052
2	Mr. Vinod Kumar Bisht	Vice president	9463695032
3	Mr. Kulbir Singh Chauhan	Secretary	8938861000
4	Mr. Rajender Aneja	Joint secretary	9212618254
5	Mr. Ravinder Singh	Treasure	9212663512
6	Mr. Shailesh Jha	Executive Member	9212580185
7	Mrs. Trichal Meenakshi	Executive Member	9212580185
8	Mr. Prashant Singh	Executive Member	9910055834
9	Mr. Rakesh Singh	Executive Member	9910055834
10	Mrs. Sapna Singh	Executive Member	9650495834
11	Mrs. Savita Singh	Executive Member	9818662052
12	Mrs. Nisha	Executive Member	8003516510
13	Mr. Surender Pal Chauhan	Executive Member	8130574179
14	Mr. Kaushal Kishore	Executive Member	9212580185



## PROJECT SRIJAN

### 7. Project Srijan : A Programme for Youth Employment and Women Empowerment.

We are running a Skill Development Training Center under Project **Srijan** at Plot No.18, Vivanta Residence, Matiyala, Sector-3, Dwarka, New Delhi-110059. Under this project, we offer both Certificate and Diploma courses in Computer Application, Cutting & Tailoring, Fashion Designing, Beauty & Culture Parlour, Mehandi Design, etc. Under the project Srijan, skill development training has been initiated for the adolescent girls above 14 years to women upto 40 years of age.



8. The Project **Srijan** offers better economical conditions and generating a better livelihood for the girls by providing skill development training. **Srijan** means Creation, thus the very objective of the project **Srijan** is creation of employment avenues for women especially young girls. In project **Srijan**, we cover the whole North-East Delhi's slum areas and approx. 60 to 70 girls come to the center daily for develop their skills. On completion of course, foundation provides respective certificates.



## **RAKSHAKS FOUNDATION : VOCATIONAL TRAINING CENTER**

9. The Rakshaks Foundation has been came into being in 2015 and since its inception, we have been putting up efforts for skill development of youth and deprived sections of the society especially young girls and ladies. In the Vocational Training Centre they polish their skills in a way that they stand face-to-face with the requirements of today's demanding and challenging job market and empower themselves to lead a respectful life. The nature of courses offered is such that immediately after completion of course, these individual start to earn some money, initially less, but after a period of time their earnings grow and make them financially independent. Youth are also engaged in various activities for personality development to transform their lives and make them responsible citizens of the society. The trained youths are leading economically independent lives and are able to support themselves and their families financially.

Following Courses are offered at the centre:-

(a) **Cutting & Tailoring Course**: In the Cutting & Tailoring classes itself around 50 students regularly get training to improve their skills. They are being imparted training on cutting and tailoring of various outfits of ladies and children and also for gents. This course is most popular with ladies and girls as immediately after completion of course and with small investment on one Sewing Machine and some Threads, they earn their livelihood at their home only. If someone is not able to make this small investment, Rakshaks Foundation helps them towards this also. During the year 2018-19, a total of 110 students passed out of this course.



**Cutting And Tailoring Classes**



(b) **Beauty Culture Course**: Around 20 students regularly coming for 6 months duration Beauty Culture Course. Training on Threading, Eyebrows, Hair Styling/ Cutting, Eyes Makeup, Facials and Bridal Makeup etc is imparted to the participants by the trained beauticians. After successful completion of course they could immediately start earnings with small investments at their home only. Rakshaks Foundation also helps them towards this. During the year 2018-19, a total of 40 students passed out of this course.



Beauty culture class

10. **Summary Report**:- A Certificate Distribution Program was organized on 5.11.2018 in Foundation's Head Office in Dwarka on the occasion of Annual Day of Rakshaks Foundation. The event attended by whole Office Staff of Rakshak and students of BSW College apart from beneficiary guests who have successfully completed the various courses. Rakshaks Foundation's Key Person Mr. Rakesh Singh presented the Certificates to 40 beneficiaries who have completed the courses like Computer Application, Cutting & Tailoring, Mahanadi Design, Beauty & Culture etc.



CERTIFICATE DISTRIBUTION

## **ABOUT COMMUNITY**

11. Rakshaks Foundation focusing on three nearby Slums of Delhi viz JJ Coloy, Community Sector-3 Dwarka and Machhi Market Colony to undertake our community and social work. In these slums consists of peoples belong to different religion and cast. They earn their livelihood through working as Repacking, Laborer, Rickshaw puller, Raj Mistry and many others. Persons of all ages, children, women, men and old age peoples live in destitute in these slums. Each of the three slums has around 500-600 households and approx 3000 to 4000 population. The Machhi Market Colony is a muslim dominated colony and mostly people work as Rickshaw Puller, Labors etc. Most of the adolescent group drop out from the school and work as maids societies and homes. The population live here is mostly illiterate and do not have a regular source of income. Their source of income is either irregular or seasonal. These people are living in Delhi since last 12 to 15 years and yet they are not able to earn a respectful livelihood. There are so many problem faced by them on daily basis like no access to clean water, no Government ID, Education facilities for their children, drinking water problem, electricity problem, health and hygiene problem livelihood problem, food make problem etc.

12. Rakshaks Foundation has been working with these communities since last five years and have persuaded them to get enroll in Adhar and helped them to get their Voter ID Cards so that they are ignored by the political parties. The foundation also helped them to open their Jan Dhan Accounts in Banks and get them enrolled in Pradhan Mantri Suraksha Bima Yojna @₹12/- per annum. The Foundation has liaised with Govt authorities to address their problems. Some of their problems like Drinking Water and Electricity have been partially addressed



## WOMEN EMPOWERMENT

13. During the Year 2018 to 2019, the stories of some of our many women achievers:-

(a) **Name-Ayushi**, a 21 year old girl pursuing B.A from Delhi University's School of Open Learning, is the daughter of Mr. Roop Chandra, a Labourer working in a factory and her mother is a house wife. Ayushi has three younger sisters and one younger brother. The Family originally belongs to District Alwar, Rajasthan and living in Delhi since last 21 years. Ayushi came into contact with us three years ago and at that time, she was 12<sup>th</sup> class pass out from a government school. At that time, she was very quiet, introvert and fearful girl. The Rakshaks Foundation worked hard with her and provided her day to day Counseling Sessions, Motivation and Life Skill & Moral Education. Afterwards, she was provided with Skill Development Training (Cutting & Tailoring) and Fashion Designing. Initially, she made slow progress but after concerted efforts, she had completed the course in flying colours. With these courses, she has changed the lifestyle of herself and also that of her family. She started earning livelihood by stitching the Ladies Clothes and got initial monthly earning of ₹3000/-. Now, she is also designing the Ladies Apparels and improved her earning to ₹5000/- a month. She actively participates in all activities of the foundation and spares time to impart Cutting, Tailoring and Fashion Designing Training to other young girls and ladies. It is an achievement of foundation and our President also appreciated her and her family for continuous support.



(b) **Name-Ranju Devi**: A 35 year old illiterate women, wife of Mr Manoj Kumar working as Rajmistry (Mason) with a monthly income of ₹5000 to ₹6000. She has two daughters and one son and family belong to district Darbhanga, Bihar. Ranju Devi lives in very small house at Slum Community Railway Colony at Dwarka Delhi since last 22 years. She is a very hard working lady and maintains her home and children very well but always surrounded by economical problems due the meager income of her husband. Rakshaks Foundation contacted her and enrolled her Cutting and Tailoring course. After successful completion of course she started stitching ladies garments of nearby localities at a very reasonable rate of ₹50/- to ₹80/-. Earlier she used to earn around ₹100/- per day, but now, her per day earning goes up to ₹200/- making a monthly income of ₹6000/-. Now she is able to support to her family. Due to her good initiative for earning, Ranju Devi's family income got doubled and now they are able to provide their children good health and education. Her family is very happy and proud of her achievement.



(c) **Name-Sital:** A 19 year old girl passed 12th class from the government school. Her father Mr Dharmesh is a Vegetable Seller and mother is house wife. Sital is the eldest of five siblings and her two brothers and two sisters never gone to school. She was good in studies and wanted to go for higher education. However, due to economic problems she could not do so and used to work at home. Rakshaks reached to her and provided her counseling and motivation classes. Subsequently, she was enrolled into Cutting & Tailoring Course and Mehendi Culture Course in the foundation training center at Dwarka. After successful completion of both courses, she has got a very well hand in stitching of ladies garments and started to earn ₹150/- to ₹200/- per day and making it to ₹5000/- to ₹6000/- per month at home. Her achievement is also a motivational factor in the communities at JJ colony Dwarka. Now she is pursuing Fashion Designing Course. Her family is very happy because she is able to support her siblings and got them admitted in a nearby govt school.



(d) **Name-Kajal:** A 19 year old girl, passed 12<sup>th</sup> class from a Govt school daughter of Mr Raju Singh working as Labourer at a construction site and mother is working as maid. Kajal is third eldest of six siblings with one brother and two sisters studying in VI & V respectively and her two elder sisters are married. Her family lives in very poor conditions as earning of her both parents is not sufficed to meet even basic requirements of such a large family. After that Rakshaks foundation staff reached to Kajal's family, initially they were reluctant. We conducted counseling sessions for Kajal and also for her family. Afterwards, they permitted her and Kajal joined the Cutting and Tailoring Course and also the Beauty Culture classes. She was regular in class and very active and shown great interest on vocational training. After successful completion of both the courses, Kajal has opened a small Beauty Parlour at home and doing beautician work in nearby localities. She has started to earn around ₹200/- to ₹250/- rupees per day and around ₹6000/- to ₹7000/- per month. With her earnings, Kajal is able to support her family and also uses this money for her higher education. It is an achievement for her and also for her family and express their gratitude to Rakshaks Foundation.



(e) **Name-Manisha:** She is a 22 year old girl, pursuing B.A Program from SOL DU. Her father is working in factory and mother is a house wife. She has one younger brother studying in class 6<sup>th</sup> in the government school. She is very intelligent girl and has great interest in all vocational activities. Her catching power is very strong as she participated in Mahanadi Culture, Cutting & Tailoring and Beauty Culture courses in Rakshaks foundation and successfully completed all. Her family is very proud of her as she started to earn a monthly income of ₹5000/- to ₹6000/- and able to support his family and also paying her higher education also.



(f) **Name: -Savita Devi** A 20 year old girl from Bihar got married at an early age and came to Delhi in 2016 with her husband. Her husband is a Labourer at a construction site and both were living in very destitute conditions. When Rakshaks Foundation staff reached out to her, initially, she and her husband both were reluctant. However, after several counseling sessions with her and also with her husband, she was permitted to attend regular Skill Development Training classes for Cutting and Tailoring. After successful completion of course, she started stitching and tailoring work at home and now she is able to earn ₹300/- to ₹400/- per day and ₹9000/- to ₹10,000/- per month and supporting her family in great way. Rakshaks Foundation wishes her all the best in her life.



(g) **Name: Sita Devi** A 27 year old women who and her three children were left alone by her husband. She was living with her children in slum communities and was in search of job for her living. The Rakshaks Foundation staff outreached to Sita Devi and got her enrolled in Tailoring and Cutting classes. She is very hard working lady and learned cutting & tailoring very fast and never absented herself in the class. Her children also get supported by Rakshaks Foundation by providing them education classes. Sita Devi completed six month Cutting & Tailoring course and got employed at foundation itself. Now she is stitching guard belts and earns ₹300/ per day and able to earn her livelihood.



(h) **Name: Priyanka** A 24 year old girl got married at an early age of 18 year hailed from Biha and came to Delhi in 2016 with her husband. Her husband is a Labourer at a construction site and both were living in very destitute conditions. When Rakshaks Foundation staff reached out to her, initially, she and her husband both were reluctant. However, after several counseling sessions with her and also with her husband, she was permitted to attend regular Skill Development Training classes for Cutting and Tailoring. After successful completion of course, she started stitching and tailoring work at home and now she is able to earn ₹300/- to ₹400/- per day and ₹9000/- to ₹10,000/- per month and supporting her family in great way. Rakshaks Foundation wishes her all the best in her life.



(i) **Name: Madhuri** A 26 year old illiterate women, wife of Mr. Shailesh Kumar working as Rajmistrty (Meson) with a monthly income of ₹5000 to ₹6000. She has two daughters and one son and family belong to distract Darbhanga, Bihar. Madhuri Devi lives in very small house at Slum Community Railway Colony at Dwarka Delhi since last 22 years. She is a very hard working lady and maintains her home and children very well but always surrounded by economical problems due the meager income of her husband. Rakshaks Foundation



contacted her and enrolled her Cutting and Tailoring course. After successful completion of course she started stitching ladies garments of nearby localities at a very reasonable rate of ₹50/- to ₹80/-. Earlier she used to earn around ₹100/- to ₹200/- per day, but now, her per day earning goes up to ₹300/- to ₹400/- making a monthly income of ₹10,000/-. Now she is able to support to her family. Due to her good initiative for earning, Madhuri Devi's family income got doubled and now they are able to provide their children good health and education. Her family is very happy and proud of her achievement.

(j) **Name: Meera** A 35 year old disabled woman with Left Foot and her husband also handicapped. Her husband sells Gutka, Tobacco and Cigarette etc on her tricycle. They have four children and with her husband's meagre income, the family was living in destitute. Rakshaks Foundation staff reached to her and got her enrolled in Jute Craft work and Cutting & Tailoring classes. six month After successful completion of course, she started stitching and tailoring work at home and now she is able to earn ₹300/- to ₹400/- per day and ₹9000/- to ₹10,000/-.per month and supporting her family in great way. Rakshaks Foundation wishes her all the best in her life.





## **COMMUNITIES DEVELOPMENT WORK**

14. Rakshaks Foundation staff, according to action plan, go door to door to three slum areas viz JJ Colony, Community Sector-3 Dwarka and Machchi Market Colony on regular basis and meet families in the communities. The families have been persuaded to send their children to school for education as education is very important not only to the child and its family but also for the building of a strong Nation with 100% literacy rate. They have been counseled that if in case, they are not able to get their children enrolled in nearby Govt School, they should send their children to Rakshaks Foundation's Children Education Classes. It has been emphasized that education is a trait, a person need everywhere and can make use of it in every field of life. It also makes them aware about their rights and responsibilities towards society. After counseling and understanding the need, some of them send their children in our center where their children gain the knowledge, skill learning, education etc. Rakshaks Foundation is providing good & healthy environment for education and skill development training like Cutting and Tailoring, Mehandi, Beautician etc. Foundation has educated around 320 students in the year 2018-19.



## **COMMUNITY MOBILIZATION**

## **CHILDREN DEVELOPMENT**

15. **Children Education Classes:** Rakshaks Foundation runs the Children Education Classes in the Dwarka. Foundation has provided education to underprivileged children of ages between 5 to 14 years who do not go to any school. The curriculum for all children is different so according to age with an aim to get them admitted in a regular school under the Right to Education Act 2009. According to RTE Act 2009, a 5 year child admitted in 1<sup>st</sup> class, 6 year child in 2<sup>nd</sup> class, 8 year child in 3<sup>rd</sup> class and 9 year 4<sup>th</sup> class and 10 year child admitted in 5<sup>th</sup> class and so on. The children are prepared according to their age and class intended for admission. During the year 2018-19, 35 students got admitted in the schools like DPS, BJS, MCD Government Schools. Apart from this, a total number of children 36 children got admitted in the MCD Primary government school in NC/KG. It was good achievement of the year. The following points are emphasized during the classes:-

- Moral Education
- Communication with older peoples
- Values
- Fundamental right under child education
- Stories for motivation
- Bal Sabha meeting with children
- Drawing and painting
- Art and crafts
- Health and hygiene issues etc.

16. The children were made aware of the sacrifices and services of following Freedom Fighters to the Nation towards achieving freedom.

- Bhagat singh
- Mahatma Gandhi
- Subhash chandra Bose
- Chandra shekhar Azad
- Jawaharlal Nehru
- Rani Lakshmi Bai



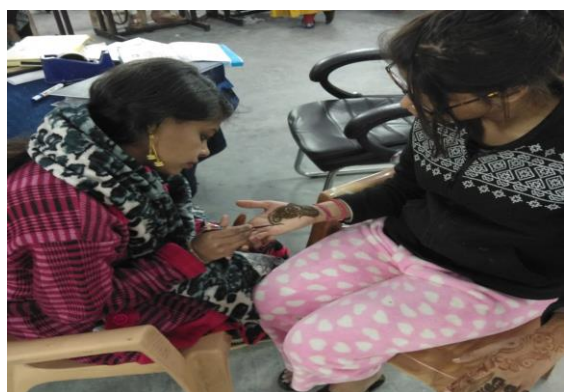
## CHILDREN EDUCATION CLASSES



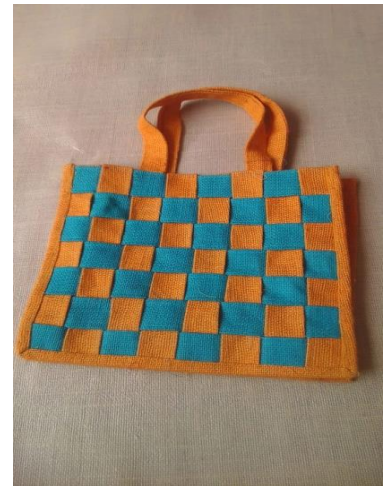
## **RECYCLING AND ENVIRONMENT PROTECTION**

17. **Recycled & Jute Products:** Rakshaks Foundation is running a Program to impart training on making beautiful products in order to earn livelihood for underprivileged sections of society. People associated with our foundation i.e. youth girls and women are making items like- **Decorated Diyas, Wax Candles, Gel Candles**, from waste material and used cloths. Apart from this, 10-15 girls/women **have been involved in making Jute Products like Shopping Bags, Bookmarks, Water Bottle Covers and Folders etc.** These products are very popular with locals, and during the festive season, these products sell like hot cakes. The Selling Price of the products is being decided by the participating girls/women only in order to develop their entrepreneurship trait. While fixing the Selling Price of a product, these girls/women have been suggested to consider the factors like cost of material, cost of their own efforts, packing cost and Transportation cost. After getting cost of a product, add reasonable profit to it. This way they also able to learn how the pricing of a product is done. These products are made available to the local markets through Stalls and otherwise and sold on very reasonable price. All the earnings of these products are distributed among these girls/women involved in production of these beautiful products.

18. **Art & Craft and Mehandi Designing:** Rakshaks Foundation also conducts courses for Art and Craft and Mehandi Designing. Around 20-25 girls and ladies regularly take classes for these courses. Mostly those girls/ladies join these courses who have already enrolled in either Cutting & Tailoring Course or Beauty Culture Course, as these add one more skill to their prospects with minimum







## **AWARENESS PROGRAM**

19. Rakshaks Foundation regularly organize meetings/seminars/lectures for young girls and cover topics like Fundamental Rights, Gender Equality, Hormonal and Physical Changes in Girls' Body on Puberty, HIV/AIDS, Health & Hygiene, Small Savings etc.

(a) **Fundamental Rights**: Foundation has invited Mr. Varun Pathak (Advocate), the Legal Advisor to make the children aware about Fundamental Rights provided to every citizen of India by Indian Constitution. He gave a detailed description about all the Fundamental Rights viz The Right to Equality, Right to Freedom, Right against Exploitation, Right to Freedom of Religion, Right to Culture and Education, Right to Constitutional Remedies and Right to Privacy. Specifically, they have also been used to abolish untouchability and thus prohibit discrimination on the grounds of religion, race, caste, sex, or place of birth. They also forbid trafficking of human beings and forced labour (a crime). They also protect cultural and educational rights of religious and linguistic minorities by allowing them to preserve their languages and also establish and administer their own education institutions. Rakshaks Foundation's Project Coordinator Ms. Pooja Sharma also made them aware about the Child Education. They were informed that every child in Indian has right to education and all children are entitled to free education up to Class 8<sup>th</sup> in government schools and even books, stationary, uniform etc also provided free of cost. It is also provisioned that 25% seats in each Public School are reserved for students from BPL category. Admission process for these schools starts in Dec/Jan and completed by Mar each year.

(b) **T.B, Cancer, HIV AIDS Disease**: Foundation has invited Dr. Pushpanjali Gupta, Specialist for Tuberculosis Diseases from Delhi Government Dispensary Shahadara, Delhi. She explained about Causes, Symptoms and treatment for tuberculosis. She also discuss the preventive measures for the disease. She also emphasized to stay away from eating tobacco, smoking, Hookah etc as Tobacco is a very dangerous for human beings and main cause of cancer & other diseases.

(c) **Social Problems**: Ms. Bhawani Yadav, Senior Manager from TATA Insituite of Social Services (TISS) was invited in Rakshaks Foundation to spread awareness about effects of generalised problem of society like Drug Addication, Provarty, Alchoal Abouse, Sexual Abouse, Unemoplyment, Female Genital Mutilation etc. she told with them how to deal with this types of cases. Young girls were told if they were going through any type of humiliation, they should always raise a voice and inform their parents. Parents should immediately take action on their problems and report to Govt agencies, if required.

(d) **Good Touch & Bad Touch**: Children especiallly young girls have been regularly counselled about good touch and bad touch. Adolescent girls are also counselled about the harmonal and physical changes happening in their bodies.





Young Grils Awareness Meeting



DWARKA JJ COLONY SLUM AREA

## **CELEBRATIONS**

20. India is a country of various festivals and we celebrate it across the religion, gender, cast and creed lines. These celebrations are one of many ways, which brings smiles on many gloomy faces. The following days were celebrated:-

(a) **Women's Day Celebration**: Rakshaks Foundation has celebrated International Women Day on 8 March 2019 wherein lectures on Personality Development and Menstruation Hygiene were organised. The event was participated by 40 girls and women.

(b) **National Days**: Rakshaks Foundation celebrate all three National Festivals i.e. Independence Day, Mahatma Gandhi's Birthday and Republic Day every year with underprivileged peoples. This year around we have celebrated Independent Day on 15 August 18, Gandhi Jayanti on 02 Oct 18 and Republic Day on 26 Jan 19. Around 40-50 children participated in each of the celebration and activities like Youga, Dance, Cultural Programs, Songs, Poem, Quiz etc were organized and were enthusiastically participated by the children, which made these very successfully celebrations.



(c) **Diwali Celebration**: The grand celebration of festival Diwali was with participation of 50 to 60 numbers of underprivileged children, young girls. Rakshak Securitas Pvt. Ltd has provided green crackers and some materials for children enjoyment. They all participated in the Diwali Puja celebrated it by burning green firecrackers. The whole premises of Rakshaks Foundation was lighten up with handmade diyas. In order to make their day memorable, they were distributed with Sweets and Gifts.



### **DIWALI CELEBRATION WITH OUR STUDENTS**



## STALLS

19. Rakshaks Foundation put-up stalls in Corporate Offices, Societies, NGOs etc. All the earnings through this are being distributed among participants who have designed and manufactured these items.



## **VOLUNTEERS AND INTERNSHIP**

20. We have volunteered Interns from University of Delhi, Galgotia University and IGNOU pursuing MSW and BSW courses comes to us for internship for the duration of 30-45 days. These volunteers learn the ways of performing community services

## **PARTNERSHIPS**

21. While the Foundation directly engages with the community, it has also strategically partnered with various stakeholders to maximize effort in addressing the needs of the community. These partners include government organizations, non government - organizations, academic and research institutions. Till March 2019, the Foundation garnered over 20 partners, who have supported in widening its vision and reach. We thank all our partners listed below who have been supporting our mission.

Some of the key partners include:

- ROBIN HOOD ARMY, DWARKA
- LIVER CARE FOUNDATION
- JAN SHIKSHA SANGTHAN, PATEL NAGER
- MATTSSEN KUMAR , GURUGRAM
- CHENNEL PLAY, GURGRAM